

## TRATTAMENTI NUN SPA

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### NUN CIRCUIT

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Nun wellness circuit takes life among the ancient ruins of a roman amphitheater and it twists and turns through four rooms with different humidity degrees and temperatures: Tepidarium, Calidarium, Sudatorium and Frigidarium.

A multi-massage pool and a relaxing Jacuzzi integrate the detoxing path. A comfortable tea room is completely arranged for our Guests.

€ 70.00

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## FACIAL TREATMENTS WITH NUN INTENSIVE SUPREME CARE

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### AGE CAPTURE

A facial treatment including eye contour, neck and décolleté, with biotech serums and ingredients rich in vegetal stem cells, gives elasticity and new tension to the skin. It finishes with a deep massage to restore a correct posture of neck and shoulders.

80' € 190.00

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### CELL-VITALE HYDRATING

Super moisturizing facial treatment, with attention on eye contour, neck, décolleté and hair skin. Advanced manual techniques and specific aesthetical formulas grant a deep hydrating action thanks to a high concentration of vitamins, enzymes, Alpine Rose and more phytoextracts.

80' € 180.00

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### ULTRA BALANCE

This treatment carries out a deep detoxing action on the face and it is studied in particular for mixed skins. It balances the pH, re-establishing the hydrolipid film through an innovative working sequence.

50' € 110.00

## HAIR TREATMENTS

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**“ALCHEMY:  
CREATING THE EXTRAORDINARY FROM THE ORDINARY”**

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### **HYDRO-DHARA & FLOWERFALL**

A constant flow of hydrolats and essential oils with a soothing and antistress effect for mind that also improves the well-being of scalp and hair. This treatment creates an aromatherapeutic atmosphere for relaxation and rejuvenation, helping to regain balance and harmony and giving vitality and lightness.

25' € € 80.00 per person

Hydrolat: distilled plant water rich in functional principles

## HAIR TREATMENTS

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### REBUILDING

#### REPAIRING TREATMENT FOR DAMAGED HAIR

This method rebuilds the damaged hair which has lost the constitutive components as proteins, trace elements, water and lipid reserves, because of chemical processing, mechanical stress and environmental aggression.

The treatment is composed of protein serum which provides amino acids to the cuticle and cortex, repairing the keratin chains of the hair fiber. After a restructuring bath, a mask brings shine and softness.

50' € 110.00 for medium-length hair  
(up to the shoulders)

50'€ 130.00 for long hair  
(under the shoulders)

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### PEELING CLEANSER

#### REBALANCING TREATMENT FOR SCALP

100% natural. Detoxification and cleaning in tune with the cosmos that affect the beauty and the hair growth.

A very exclusive experience that combines the officinal efficiency of leaves with the aromatherapist power of natural essential oils, specifically selected at the moment of treatment, according to the moon cycle.

50' € 110.00 per person

## BODY MASSAGE

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### NUN MASSAGE

Deep decontracting massage with digital pressures and stretching manoeuvres . It works on muscles, lymphatic and blood circulation, re-establishing energies, reaching a detoxifying and regenerative goal, after restoring the R.O.M (Range of Motion).

50' € 150.00

80' € 220.00

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### WELLNESS STONE MASSAGE

Decontracting massage using hot stones, oils and country smells. Final mio-relaxing result, with some last under feet manoeuvres.

80' € 180,00

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### SHIRODHARA E MASSAGGIO AYURVEDICO

The flow of warm oil between the forehead and the hairline combined with the massage purifies, regenerates and eliminates negative mental states. Helps to calm anxiety, irritability and insomnia.

80' € 220.00

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### MASSAGGIO AYURVEDICO

The Ayurvedic massage restores the whole organism by creating a state of complete well-being for body and soul. Through the stimulation of the chakras, it is a good remedy for stress, restoring psychophysical balance.

50' € 140.00

## BODY MASSAGE

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### LIMUS

A treatment that with warm thermal mud. It takes a lot of benefits: it is draining, firming, shaping and it cleans the skin deeply.

50' € 150.00

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### HONEY TOUCH

Face and body treatment contrasting the gravity effect . Tissues become purified and more compact, through connective manual abilities. It aims to emolympathic circulation.

50' € 140.00

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### EMOTIONAL

A real antistress back massage with deep manoeuvres on the neck. To regain and release energies blocked into the jointures.

50' € 120.00

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### PRE MAMAN

For all the future 'moms to be'. It reduces hormonal and physical stress, it release muscles giving comfort to the back. It reduces swelling for legs.

50' € 120.00

## BODY MASSAGE

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### SOFT

A sweet hydrating massage. It reduces tiredness by using slow rhythmically relaxing movements with the aid of natural oils.

50' € 90.00

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### MOVI & REUM

Through localized manoeuvres on tensioned rigid areas , it gives elasticity back to the jointures.

25' € 70.00

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### DEEP FOOT MASSAGE

Under feet massage that produces effects on the corresponding organ. It helps to contrast heaviness of legs or oedematic areas.

25' € 70.00

## LOCALIZED TREATMENTS

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### FORMA LEGS

Legs bandage with a concentrated active principle with a cryodynamic effect for heavy legs or edema states.

50' € 90.00

## ROMAN CISTERN

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Complete rituals for body and soul, including exfoliation and massage.

HAMMAM RITUAL | corpo

50' € 150.00 | 1 People

50' € 280.00 | 2 Peoples

NUN RITUAL | corpo e viso

80' € 190.00 | 1 People

80' € 350.00 | 2 Peoples

## WONDERFUL LIFE

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### HARMONY & STYLE FOR SILHOUTTE

Personalized project based on accurate aesthetical analysis. Modular 'remise en forme' program to be integrated with an healthy eating plan; both for not lodged Guests or for accommodated Guests (minimum stay 5 nights).

### BEAUTY SPA TREATMENT FOR HANDS AND NATURAL NAILS

50' € 60,00.

### BEAUTY SPA TREATMENT FOR FEET AND NATURAL NAILS

50' € 80.00

## HOW TO ENJOY THE NUN SPA MUSEUM

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Nun Spa Museum is open every day from 10:00 a.m. to 8:00 p.m. For those who want to reserve the Nun Circuit, a courtesy kit including bathrobe, slippers, towel and shower gel is kindly provided. All the guests should wear their personal swimming suit in order to use the relaxing pools and public areas. The locker rooms are equipped with hairdryer. It will be a pleasure for our Nun Spa Staff to give you suggestions to how use the Nun Circuit, and to draw, through a welcome interview, a personalized package. In order to avoid unpleasant setbacks, we kindly ask our guests to respect treatments and massages' times. In case of delay, the treatment or the massage's time could be reduced without any refund in order not to penalize the next guests. It is kindly recommended to make the reservation in advance to have a wider possibility of times. Cancellation is possible, without penalty, if it is performed 48 hours before the appointment; after the 24 hours, the total amount will be charged. In case of health problems or pregnancy, we kindly invite our guests to consult their doctor before the appointment. Children are not admitted under 15 years. From 15 to 18 years, only accompanied by parents. In order to maintain the excellent quality that we offer, the Management reserves the possibility of making changes to this treatments list.