

## FACIAL TREATMENTS WITH NUN INTENSIVE SUPREME CARE

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### AGE CAPTURE

A facial treatment including eye contour, neck and décolleté, with biotech serums and ingredients rich in vegetal stem cells, gives elasticity and new tension to the skin. It starts with a deep massage to restore the correct posture of neck and shoulders.

80' € 190.00

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### CELL-VITALE HYDRATING

Super moisturizing facial treatment, with hyaluronic acid for eye contour, neck, décolleté and hair skin.

80' € 180.00

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### ULTRA BALANCE

This facial treatment, particularly studied for mixed skins, carries out a deep detoxing action.

It balances the pH, re-establishing the hydrolipid film through an innovative working sequence.

50' € 110.00

## HAIR TREATMENTS

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“ALCHEMY:  
CREATING THE EXTRAORDINARY FROM THE ORDINARY”

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### HYDRO-DHARA & FLOWERFALL

A constant flow of hydrolats and essential oils with a soothing and antistress effect for mind that also improves the well-being of scalp and hair. This treatment creates an aromatherapeutic atmosphere for relaxation and rejuvenation, helping to regain balance and harmony and giving vitality and lightness.  
25' € 80.00

Hydrolat: distilled plant water rich  
in functional principles

## HAIR TREATMENTS

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### REBUILDING

#### REPAIRING TREATMENT FOR DAMAGED HAIR

This method rebuilds the damaged hair which has lost the constitutive components as proteins, trace elements, water and lipid reserves, because of chemical processing, mechanical stress and environmental aggression.

The treatment is composed of protein serum which provides amino acids to the cuticle and cortex, repairing the keratin chains of the hair fiber. After a restructuring bath, a mask brings shine and softness.

50' € 110.00 for medium-length hair  
(up to the shoulders)

50' € 130.00 for long hair  
(under the shoulders)

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### PEELING CLEANSER

#### REBALANCING TREATMENT FOR SCALP

100% natural. Detoxification and cleaning in tune with the cosmos that affect the beauty and the hair growth.

A very exclusive experience that combines the officinal efficiency of leaves with the aromatherapist power of natural essential oils, specifically selected at the moment of treatment, according to the moon cycle.

50' € 110.00

## BODY MASSAGE

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### NUN MASSAGE

Deep decontracting massage with digital pressures and stretching manoeuvres. It works on muscles, lymphatic and blood circulation, re-establishing energies, reaching a detoxifying and regenerative goal, after restoring the R.O.M (Range of Motion).

50' € 150.00

80' € 220.00

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### WELLNESS STONE MASSAGE

Myofascial treatment with relaxing and anti-fatigue effect with the use of hot stones and oil.

50' € 160.00

80' € 240.00

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### AYURVEDIC MASSAGE

The Ayurvedic massage restores the whole organism by creating a state of complete well-being for body and soul. Through the stimulation of the chakras, it is a good remedy for stress, restoring psychophysical balance.

50' € 140.00

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### SHIRODHARA AND AYURVEDIC MASSAGE

The flow of warm oil between the forehead and the hairline combined with the massage purifies, regenerates and eliminates negative mental states. It helps to calm anxiety, irritability and insomnia.

80' € 220.00

## BODY MASSAGE

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### LIMUS

This treatment uses ozone mud and eucalyptus to drain, firm, shape and clean the skin deeply.  
50' € 150.00

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### HONEY TOUCH

Face and body treatment with a natural organic product. It has a relaxing, soothing and firming action, thanks to its vacuum effect of its manoeuvres.  
50' € 140.00

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### ANTISTRESS

A real antistress back massage with deep manoeuvres on the neck. It helps to regain and release energies blocked into the jointures.  
50' € 120.00

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### PREMAMAN

For all the future 'moms to be'. It reduces hormonal and physical stress, releases muscles giving comfort to the back. It reduces swelling for legs.  
50' € 120.00

## BODY MASSAGE

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### **SOFT**

A sweet hydrating massage. It reduces tiredness by using slow rhythmically relaxing movements with the aid of natural oils.

50' € 90.00

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### **MOVI & REUM**

Through localized manoeuvres on body tension points, it gives elasticity back to the jointures.

25' € 70.00

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### **DEEP FOOT MASSAGE**

The foot reflexology massage involves applying pressure to specific points on the feet in order to affect various parts of the body.

It helps fight leg heaviness and boost general health.

25' € 70.00

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### **LEGS BANDAGE**

Legs bandage with a concentrated active principle with a cryodynamic effect for heavy legs or edema states.

50' € 90.00

## ROMAN CISTERN

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In our original Roman cistern, we perform exfoliations on a hot stone followed by enveloping moisturizing massages. Purification and cleansing rituals take place with the combination of body care and the harmony of mind.

HAMMAM RITUAL | body

50' € 150.00 | 1 Person

50' € 280.00 | 2 People

NUN RITUAL | body and face

80' € 190.00 | 1 Person

80' € 350.00 | 2 People

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## BEAUTY SPA TREATMENT FOR HANDS AND NATURAL NAILS

50' € 60.00

## BEAUTY SPA TREATMENT FOR FEET AND NATURAL NAILS

50' € 80.00

## HOW TO ENJOY THE NUN SPA MUSEUM

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Nun Spa Museum is open every day from 9:00 am to 8:00 pm.

Reserving the Nun Circuit, the courtesy kit including bathrobe, slippers, towel and shower gel will be provided. The locker rooms are equipped with hairdryer.

All the guests have to wear their personal swimming suits in order to use the relaxing pools and public areas. It will be a pleasure for our Nun Spa Staff to give suggestions to use the Nun Circuit.

In order to avoid unpleasant setbacks, we kindly ask our guests to respect treatments and massages' times. In case of delay, the treatment or the massage's time could be reduced without any refund in order not to penalize the next guests.

It is kindly recommended to make the reservation in advance to have a wider possibility of times.

In case of health problems or pregnancy, we kindly invite our guests to consult their doctor before the appointment.

Children are not admitted under 15 years. From 15 to 18 years, only accompanied by parents.

In order to maintain the excellent quality that we offer, the Management reserves the possibility of making changes to this treatments list.

**Cancellation is possible without penalty if it is performed 24 hours before the appointment; after that term or in case of no-show the total amount will be charged.**