

# PERLASIUM

## SPA RITUALS

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# PSYCHO-PHYSICAL REBALANCING

## ***LOCALIZED MASSAGE***

A soft and hydrating localized massage for a pleasant sensation of wellbeing.

€ 65.00 | 20 minutes

## ***MYORELAXING MASSAGE***

Muscle relaxing massage aimed at improving oxygenation and regenerative processes of skin tissues. The guest has the opportunity to choose among our selection of excellent oils.

€ 130.00 | 50 minutes

## ***STONES OF WELLNESS***

Myofascial treatment for a relaxing and anti-fatigue effect with the use of hot stones in alternation with deep and relaxing manual maneuvers.

€ 140.00 | 50 minutes

€ 210.00 | 80 minutes

## ***NUN MASSAGE***

Decontracting massage that uses stretching and acupressure maneuvers. It acts on the deeper muscles and on the circulation, creating a detoxifying and regenerating effect.

€ 170.00 | 50 minutes

## OUR RITUALS

### ***EXFOLIATION AND BODY MASSAGE***

Delicate exfoliation with green clay enriched with essential oils of clove and Roman chamomile, followed by a massage with sweet almond oil enhanced with a selected essential oil. Renewed vitality and energy for silky-smooth skin.

€ 140.00 | 50 minutes

### ***HAMMAM RITUAL***

Complete treatment for body and face created exclusively for couples that takes place in the intimacy of our authentic Roman Cistern. Immersed in this romantic atmosphere, let yourself be pampered by an exfoliation on heated stone, followed by a gentle relaxing massage. A ritual of purification and cleansing for the body but also an intense moment for the spirit.

€ 360.00 | 80 minutes | for two people

## BODY CARE

### ***LIGHT LEGS***

Lymphatic drainage leg massage to counteract fluid retention and improve microcirculation, providing an immediate sensation of lightness and overall well-being.

€ 110.00 | 80 minutes

### ***MANICURE***

Beauty spa treatment and hand and natural nail care.

€ 60.00 | 50 minutes

### ***PEDICURE***

Beauty spa treatment and deep and personalized care of feet and natural nails.

€ 80.00 | 50 minutes

## FACE CARE

### ***PERLASIUM REGENERANS - Purifying***

Treatment that draws its strength from powerful plant-based ingredients capable of restoring and visibly improving blemished, oily or combination skin.

Quebracho bark and propolis for regenerated, purified and more elastic skin.

€ 110.00 | 50 minutes

### ***PERLASIUM VITAMINUM - Hydrating***

Treatment with a super-hydrating booster based on carob gum, Irish red algae and hyaluronic acid.

Deep cleansing and enveloping techniques to help the skin absorb all the active ingredients contained in the products used, for smooth and deeply hydrated skin.

€ 150.00 | 50 minutes

### ***PERLASIUM ANTI SENESCENTEM - Antiage***

Treatment designed to combat the signs of aging on the face, neck and décolleté thanks to the power of hyaluronic acid and precious argan oil.

Intense lifting, firming and draining techniques to restore radiance, brightness and firmness to the facial skin.

€ 190.00 | 80 minutes

## HOW TO ENJOY THE NUN SPA MUSEUM

Nun Spa Museum is open every day from 9:00 a.m. to 8:00 p.m.

Reserving the Nun Circuit, the courtesy kit including bathrobe, slippers, towel and shower gel will be provided. The locker rooms are equipped with hairdryer. All the guests have to wear their personal swimming suits in order to use the relaxing pools and public areas.

It will be a pleasure for our Nun Spa Staff to give suggestions to use the Nun Circuit.

In order to avoid unpleasant setbacks, we kindly ask our guests to respect treatments and massages' times. In case of delay, the treatment or the massage's time could be reduced without any refund in order not to penalize the next guests. It is kindly recommended to make the reservation in advance to have a wider possibility of times.

In case of health problems or pregnancy, we kindly invite our guests to consult their doctor before the appointment.

Children are not admitted under 16 years. From 16 to 18 years, only accompanied by parents.

In order to maintain the excellent quality that we offer, the Management reserves the possibility of making changes to this treatments list. Cancellation is possible without penalty if it is performed 24 hours before the appointment; after that term or in case of no-show the total amount will be charged.

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& SPA  
MUSEUM